

What Will Your Retirement Look Like?

(All Audiences) Learning objectives in this presentation include covering the changing nature of retirement, what to expect and how to plan for it; encouraging investors to visualize their ideal retirement and consider the realities and roadblocks to retirement savings they may encounter; helping investors estimate living expenses and calculate how much they need to save to retire comfortably.

Johnny Beehner's, AAMS, CRPC® love of the industry began when he was a client of a financial advisor in his 20s and early 30s. His experience as a client taught him that people need investing concepts simplified. He strives to educate his clients in simple terms without confusing jargon and offers ideas that would suit their individual situations. "I strive to live by the golden rule and I am thankful and humbled by the opportunity to work at VyStar Investment Services and be of service to credit union members."

Promoting Mental Wellness in Educators and Students: An Introduction to the On Our Sleeves Movement and Teacher Resources

(1-12) Dr. Varallo Sims will introduce the On Our Sleeves initiative, a national movement to break stigmas around children's mental health. Various materials for teachers will be shared providing helpful classroom activities and resources to boost the mental wellness of kids in all grade levels and teachers.

Francesca Varallo Sims, Psy.D. is the Director of Education and Training for Baptist Behavioral Health. She received her doctorate in clinical psychology from Medaille College and completed a postdoctoral fellowship in clinical health psychology at UF Health Jacksonville, in affiliation with the University of Florida College of Medicine.

Why Policy is Important in Education: An Equity Perspective

(1-12) Policy is the drive behind every decision we make, large and small. Our students deserve advocates for fair and equitable education on every level of government.

Rhianna Scyster taught in Duval County Public Schools for 3.5 years and is currently a student data & evaluation manager for a local non-profit. She earned her undergraduate degree in exceptional student education from the University of North Florida and is currently a graduate student at Jacksonville

University, where she is earning her master's in public policy as a Minority Fellow for the university. She is also an inaugural fellow of the ampED National Fellowship for Black educators in policy, and a Boselli Teacher Fellow.

Facilitating Hope

(All Grades) Hope at Hand is a nonprofit organization providing art and poetry sessions to vulnerable and at-risk youth populations. Using creativity, language, art, and therapeutic approaches, we facilitate healing and growth for children and adolescents.

Jamie Gustason, MSCIN, M.Ed. is an experienced educator and curriculum developer with a passion for facilitating healing and growth among at-risk youth populations. Jamie joined Hope at Hand at its inception in 2009 and has since facilitated hundreds of art and poetry sessions with participants ranging in age from toddlers to adults.

A Comprehensive Approach to Educating Students with Limited or Interrupted Formal Education

(K-5) SLIFE is a concept traditionally associated with multilingual learners who have experienced interrupted education due to civil unrest or other factors prior to starting in our schools. With the impacts of the COVID-19 pandemic, all students have now experienced interruptions in their education. These interruptions have led to challenges academically and socially. Join us to learn more about how support for SLIFE can be implemented to help all students experience success in the classroom and beyond.

Matt Walker, M.Ed., BBA, EMT-B is a principal in Duval County who is passionate about educating the whole child. He currently leads a Title I school with approximately one-third of students in a dual language program with over 100 active ELLs, a behavior support program, and faces the same challenges of the “pandemic effect” that all schools are. In October 2021, Matt was recognized by the Florida School Counselor Association as the School Based Advocate of the Year. One of his goals is to shift the lens of thinking from meeting the needs of all children, to meeting the needs of each child.

Fawn Sweeney, M.Ed. has been a school counselor in Duval County going on six years and previously was an addictions counselor for five years. Fawn

realized as an addictions counselor, the high need for preventative care in the counseling world and decided to go back to school to shift focus and educate our youth. Fawn graduated from the school counseling SOAR program at the University of North Florida and received her master's degree in education for school counseling in 2016. Since that time, she has developed comprehensive school counseling at Beauclerc Elementary and enjoys every moment of her new career.

Academic Conversations: An ESOL Strategy that Empowers ALL Your Learners

(1-8) This session invites you to consider the benefit and the necessity of incorporating academic conversations into your classroom. By creating greater access to academic language, you increase students' capacity for communicating which increases student engagement and deepens understanding. Come learn simple ways to build a bridge from the language of your standards to the communication of your students.

E. Raine Araya is a National Board-Certified Middle Childhood Generalist, who has been teaching with Duval County for the past 17 years. She is in her sixth year with the DCPS Dual Language Program as the 5th grade bilingual language arts teacher at Beauclerc Elementary.

Lorena Musta is a primary education certified teacher, who has been teaching with Duval County for the past 8 years. She is in her seventh year with DCPS Dual Language Program as a 3rd grade language arts teacher at Beauclerc Elementary. Experiencing herself what it is like to be an ESOL student inspired her to pursue her degree in teaching.

The Happy Secret to Building Teacher Buy In

(All Grades) In this session, teacher leaders and coaches learn a framework that helps them identify their teachers' diverse learning needs. They are able to distinguish the different "levels" their teachers are on and identify strategies that would support those various levels. This gives teacher leaders and coaches a sense of agency in their ability to impact all teachers, no matter their teachers' willingness to embrace challenge and change.

Becca Silver is the founder and CEO of The Whole Educator. She is a highly energetic and knowledgeable trainer who approaches leadership

development with transformational coaching skills and strategies. Becca is a former educator, instructional coach, life coach and executive coach.

FLVS: Empower Your Students by Taking a Look at our Virtual Education Opportunities

(1-12) Florida Virtual School (FLVS) is one of the world's leading online learning providers that delivers engaging and innovative experiences so students can enjoy a safe, reliable, and flexible education in a supportive environment. Come learn more about us and how your students can benefit from utilizing Florida Virtual School courses.

Jiminda Thompson, M.Ed. serves as the Florida Virtual School District Relations Manager for Clay, Duval, Flagler, Nassau, Putnam, St. Johns, and Volusia Counties as well as the Florida School for the Deaf and Blind. Jiminda attended Florida Agricultural and Mechanical University where she earned her bachelor's degree in elementary education and continued to quench her thirst for learning by earning a master's degree in educational leadership from American College of Education.

Guidance & Discipline

(All Grades) This session places a spotlight on providing all teachers with developmentally appropriate practices in child guidance. We can diminish inappropriate behaviors by providing our classroom students with appropriate opportunities during the traditional school day. Let us discuss strategies that promote the whole student's development while meeting their unique needs academically and behaviorally.

Guerino Terracciano, Ph.D. is a professor at Florida State College at Jacksonville. He is currently serving the learning community by providing academic instruction to postsecondary students. His work has focused on special education, classroom discipline and child development.

Encouraging Discourse in Math Class

(1-5) Participants in this session will engage in activities designed to increase discourse in math class. We will also explore classroom routines such as accountable talk and "hands down conversations." Participants will leave with resources and activities that can be used in their classroom on Monday.

Lori Price has been an educator for over 30 years and currently teaches first grade in St. Johns County. She was the 2020 St. Johns County Teacher of the Year and a 2020 Presidential Award for Excellence in Math and Science Teaching Florida finalist.

Teaching Teens Virtually

(9-12) A guide to how to prepare, present and produce a quality live online class meeting for teenagers. This will help you as an educator to relax and your teen students to enjoy the virtual learning experience.

Kai Kafferly, M.Ed., Ph.D. is a 13-year virtual teen educator veteran. He has been recognized as a "Virtual Educator of Distinction" in 2019 by the state of Florida and "Best Local Teacher" for Northeast Florida at the Rainbow Awards in Jacksonville in 2021. Kai, formally a brick-and-mortar high school educator, is a social sciences high school educator and teaches virtually with an online teacher marketplace platform.

Restorative Practices: What It Is & Isn't

(1-5) Learn how to build better, stronger relationships with your middle schooler(s) through restorative practices, and walk away with strategies to use at school to increase meaningful conversations. Educators will also observe and participate in a circle to build comfortability with the practice.

In 2018, after 25 years of combined service in the education sector, *Claudine Miles*, M.Ed. & *Kimberlie Milton*, M.Ed. launched an educational consulting company, Restore More. Restore More helps organizations build capacity with restorative practices, anti-racism and social-emotional learning. Their vision is to teach people how to unpack their emotions; giving voice to the tough stuff to be their healthiest selves.

Strategies to Dismantle the Pipeline

(All Grades) The school-to-prison pipeline is one of our nation's most formidable challenges. It is imperative that educators make the lessons relevant to disadvantaged students, drawing on and validating their experiences. Most important, we must consider how our own class biases affect our interactions with and expectations of our students. Craig's

trademark slogan, “GED to PhD” is a concrete paradigm that educators should never give up on any student.

Craig J. Boykin is known as one of the top minds when it comes to systemic poverty and student trauma in America. Craig is a seven-time author and former decorated Army veteran. His self-made success comes from his hustle, his grit and his relentless desire to never give up. Craig has coined the phrase, “GED to PhD.”

Learn to Teach Stress Management with Games

(All Grades) Learn how to teach stress management skills with games and play to make learning fun and engaging without stress. Learn easy strategies to repeat for your students and help yourself along the way. Learn causes, symptoms, and ways to relieve stress in this hands-on session. Practice will explore use for individuals and small groups. All participants will receive a booklet with self-assessments for students.

Grace Wilhelm, M.A. is a counselor with over 20 years experience and presents on anger, stress, communication, data and play therapy. Her awards include Duval School Counselor of the Year, Florida School Counselor of the Year, National School Counselor of the Year Semi-finalist, and DCPS Superintendent's Award of Excellence. Her published work includes books on anger, stress and play therapy techniques for schools.

Marcia Luettchau, M.Ed. has been a Duval County school counselor for over 20 years. She is an experienced multicultural storyteller of old fables and tales. She enjoys helping parents and students of all ages with stress relief, anger control, academic solutions and reality checks.

It's a Money Thing: Financial Literacy for Students

(6-12) Financial education, at an early age, helps to provide our students with the firm financial foundation they need to avoid many of the crippling financial issues we see today in adults and families. Students benefiting from this financial experience set the example of good financial health among their peers and carry this valuable knowledge with them into adulthood and future generations. Learn how VyStar has introduced financial literacy to thousands of students in 14 different high schools. “It’s a Money Thing”, a financial literary resource that teachers can use, will be offered “free” to session attendees.

Beth Hammond has been with VyStar Credit Union for 15 years, working her way up through the ranks, serving members from our Contact Center and in the training department assisting VyStar's newest team members. Even before joining VyStar's Academy of Business High School Program, Beth supported the program for several years as a trainer assisting students during their summer training classes. "The high school program has always been my favorite thing that VyStar does. I just believe that what it does to equip the students who are in the program and to educate the students it touches in the community is wonderful."

Personalized Professional Development & Micro-Credentials 101

(Pre-Service Teachers/Early Career, All grades) Are you tired of PD that doesn't fit your needs and too often is just a waste of time? A personalized approach that utilizes micro-credentials is the future of teacher development and this cutting-edge approach is now available to educators across the country. Learn more about micro-credentials and how you can take control of your own development right now.

Warren Buck, M.Ed. leads development and strategy for CTQ's personalized professional learning partnerships. Throughout his career, Warren has focused on creating resources and supports that help educators develop expertise and lead from any position they hold. Prior to joining CTQ, he worked with the Jacksonville Public Education Fund, where he created professional learning initiatives for principals and teachers in Duval County schools. Warren's expertise in professional learning grows from 15 years as a teacher, principal and head of schools in Georgia and Florida.

Classroom Culture & Storytelling

(Pre-Service Teachers/Early Career, 6-12) Our thoughts create our behaviors. We all have stories that we tell ourselves and others about why we do and don't do things in our life and stories about why a child may or may not behave the way we expect. When we identify what our story really is, we then have the opportunity to change it. This session will focus on how to skillfully re-tell our story so that we show up with positive behaviors and a growth mindset. This allows us to serve our students and our teams as the best version of ourselves. Additionally, participants will learn creative ways to make connections with students by empowering them to use their voices through storytelling.

Natalie Johnson, M.S. is a well-being and culture professional who has worked with schools, healthcare systems and employers for over 30 years on how to create courageous cultures where people of all ages can thrive and show up as the best version of themselves. Through her experience in performance psychology, performance nutrition and exercise physiology she creates an experience where physiology, psychology and culture connect.

Ta'Vianna Sanders is a Duval County Public Schools principal and founder of Pearls of Perfection, Inc., a non-profit organization for girls. She has developed community-based programming and taught in the Jacksonville community for 15 years. Most recently she founded Torch Wellness, a company dedicated to providing social emotional support and therapy for families. Ms. Sanders is a graduate of Florida A & M earning a degree in political science/pre-law and holds a master's degree in business administration.

Time-in: Trauma Informed Yoga in Your Everyday Classroom

(All grades) In this session, educators will learn practical tools for grounding and stress management to use both in and out of the classroom regardless of any experience or knowledge of yoga. These tools involve mindfulness techniques, embodied movements, and breathing exercises all from a trauma informed perspective.

Bonnie Currie, J.D., RYT 500, TCTSY-F is the co-founder of Lotus Yoga, a community-based yoga collab in Jacksonville. Bonnie is a certified facilitator of Trauma Center Trauma Sensitive Yoga and facilitates yoga and mindfulness to individuals in recovery through Yoga 4 Change and to individuals who have sustained traumatic brain injuries and their caregivers.

How to Build an Effective SEL School-Wide Curriculum

(6-12) Social-emotional learning is as important as ever and should be explicitly taught school-wide. Learn how to implement effective social - emotional strategies in your school from a whole school overview to practical tips to use in the classroom.

Brandie Neal, M.Ed. earned her master's in special education with an emphasis on behavior and social and emotional education. She is currently a doctoral candidate, studying curriculum and instruction. Brandie has implemented a successful social and emotional based curriculum at Greenwood, where she has been an administrator for four years.

What RTI Looks Like in the Secondary Setting

(6-12) The purpose of this talk is to provide ideas and suggestions on how to do RTI in the secondary setting. Not all students who need help will wind up qualifying for special education services, so we have to make sure we are helping students make the expected amount of progress for the year. This talk is not about what RTI is - it will address ideas, suggestions and methods to work in the middle and high school setting to increase student success.

Betty Rowe has been an ESE teacher in the state of Florida for 15+ years. She has worked in self-contained setting with EBD students and as a director of ESE at three schools in Jacksonville. Currently she is a varying exceptionality teacher in a middle/high school setting with many years of training in the area of RTI, positive behavior modification, mental health support and instructional strategies to increase student success in the classroom.