



Ready To Learn.

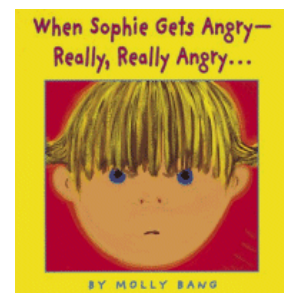


The Learning Triangle - Emotions

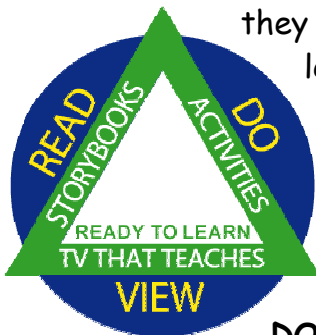
The Learning Triangle is a way of teaching young children through a combination of TV that teaches + storybooks + activities - all related to one theme or skill. **READ, DO, VIEW.**

OBJECTIVE - To help others realize how other people feel. To help children realize how to help each other feel better and stronger.

READ - "*When Sophie Gets Angry— Really, Really Angry*" by Molly Bang. (Boy does she ever!) She "roars a red, red roar," runs out of the house and keeps running until she tires herself out and then she cries. This book helps children realize it is okay to get angry and, more importantly, shows them different ways of dealing with anger.



VIEW - *Super Why - Jack and The Beanstalk*. Baby Joy is having a giant-sized tantrum and nothing seems to calm her down. The Super Readers fly into the story of *Jack and The Beanstalk* and use their powers to venture up the stalk. There they meet a huge giant - who's acting like a little baby. Whyatt learns about the soothing power of music and the story ends on a happy note. This episode teaches kids about strategies for soothing other people. They also use the alphabet, identify the letters A, E, N and Z, practice spelling, and use the power of reading to change the story.



DO - Give your child a noisemaker. As you read the story or watch the program together, let your child "help" by making noise for anger, and softer noises as things calm down. Or play stop and go games such as "Simon Says" or "Red Light, Green Light" that can help your child learn how to control their body.

See how easy it is to use the Learning Triangle?
Try it yourself and watch your child learn!

WJCT *Ready To Learn* is locally funded by our good friends DELORES BARR WEAVER & J. WAYNE WEAVER, and CSX. School workshops are sponsored by Bank of America, the Law Firm of Bedell, Dittmar, DeVault, Pillans & Cox, P.A., The Boselli Foundation, Chevron USA, Citi, Community First Credit Union, Compass Bank, J.B. Coxwell Contracting, Inc., CSX, ICS Logistics, ING, Jenkins Quality Barbecue, Main Metal Recycling, Meridian Technologies, The Office Depot Foundation, PBS&J Foundation, Publix Super Markets Charities, Riverside Rotary, VyStar Credit Union, The Wachovia Foundation, The Ralph N. Walter and Anina M. Walter Charitable Trust, and Winn-Dixie Stores, Inc.

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